



Vocational Rehabilitation Services

Helping you make the
transition to civilian life



VAC Rehabilitation Program: Cornerstone of the New Veterans Charter (NVC)

If you are a disabled Canadian Forces (CF) Veteran, the Veterans Affairs Canada (VAC) Rehabilitation Program may be able to help you and your family make the transition to civilian life. It offers services that can restore your ability to function in your home, community and workplace. Family members can participate in your rehabilitation case plan and, in some cases, receive certain services such as counselling.

In most cases, the Rehabilitation Program will be provided to you through a network of local experts. Services can be used alone or together, depending on what you need. Your VAC Case Manager will work with you and your family to help you determine what you need and how to access the services.

The Rehabilitation Program offers the following services:

Medical – Health care experts will work with you to stabilize and restore your health, make it easier for you to cope with your health problems, and help your body and mind function as well as possible. Services may include: medication, physiotherapy, and psychiatric and addictions treatment.

Psycho-Social – Experts will help you restore your independence and adapt your life to your situation. Services may include: pain management and exercise programs, and psychological counselling for you and your family.

Vocational – Experts will help you learn if your skills and education from your military job can be transferred to a similar civilian job. Services may include: vocational counselling and evaluation, help to find a job, possible support for training and other costs related to training such as child care.

On behalf of VAC, CanVet provides the vocational components of VAC's Rehabilitation Program to help you achieve your vocational goals.

What is CanVet's role?

CanVet Vocational Rehabilitation Services has been contracted by the Government of Canada to provide the vocational components of VAC's broader Rehabilitation Program.

What is CanVet?

CanVet VR Services is a joint venture comprised of three well-respected vocational rehabilitation providers: WCG International HR Solutions, Innovative Rehabilitation Consultants and March of Dimes Canada. With more than 40 years of combined experience providing comprehensive vocational rehabilitation services, CanVet VR Services brings together a national network of service providers and vocational rehabilitation experts to ensure the best support for Veterans and their families.

What Can I Expect?

The vocational services provided by CanVet, on behalf of VAC, include:

- **Assessment:** The first step in determining your vocational goals.
- **Planning:** Identifying your vocational goals and your next steps to achieve.
- **Action Plan:** An individualized plan that provides you with tools and training.

Do I qualify?

If you are medically releasing for any reason or are a released CF Veteran with a service-related injury or illness, you may be eligible for rehabilitation services. In certain cases, spouses, common-law partners and survivors may also access vocational services.

Once you qualify for rehabilitation services, you will be assigned a VAC Case Manager. Your VAC Case Manager can refer you to CanVet Vocational Rehabilitation Services when you are ready. He or she can also help you access other NVC programs such as financial benefits, health care, disability awards, and job placement. Talk to your Case Manager about how VAC can best help you and your family.

For more information or to ask if you qualify, contact:

Veterans Affairs Canada:

Toll free at 1-866-522-2122 (service in English)
1-866-522-2022 (service in French)

or visit www.vac-acc.gc.ca

For information about CanVet Vocational Rehabilitation Services, visit:
www.canvetservices.com.

CanVet Vocational Rehabilitation Services provided by:

Innovative Rehabilitation Consultants (IRC)
March of Dimes Canada
WCG International HR Solutions



Veterans Affairs
Canada

Anciens Combattants
Canada