



Poppy

The red poppy is a symbol of remembrance. During the First World War, the poppy was the only flower that could grow in the ruined fields of France and Belgium. It self-seeded and so could continue growing year after year. Sometimes it was the only spot of colour the soldiers saw as the trees and grass were replaced by the shattered trunks and mud of war.

We wear poppies on November 11th in memory of the Canadian men and women who served and died for peace and freedom all over the world, and to publicly show our respect for them.